Himalaya International School Syllabus (2025-26) Class -1 Subject – EVS

Book to be followed: - A Happy World

Month	Content
April	Ch-1 My body
Subject Enrichment Activity	 All about me Paste photo and write five lines on it. Make different types of sense organs with clay.
May	Ch- 2 The food we eat
Subject Enrichment Activity	 Ch-5 I love my family Make a family tree and paste photographs of your family members.
PRE MID TEST	Ch-1 My body Ch-2 The food we eat
July	Ch -3 The clothes we wear Ch-4 Clean, fit and healthy
Subject Enrichment Activity	Draw the picture of different clothes wear in different seasons.
August	Ch-6 Home, sweet home Ch-7 My school
Subject Enrichment Activity	Make a photo frame with the help of ice-cream spoons.
September MID TERM	Ch-3 The clothes we wear
	Ch-4 Clean, fit and healthy
	Ch-6 Home, sweet home
	Ch-7 My school
October	Ch-10 My neighbourhood
Subject Enrichment Activity	 Ch-15 We need air Make a paper fan with the help of old newspaper.

November	Ch-11 People at work
Subject Enrichment Activity	Ch-16 We need water • Sink and float activity
Post Mid Test	Ch-10 My neighbourhood Ch-11 People at work
December	Ch-8 Let's celebrate Ch-9 Safety habits
Subject Enrichment Activity	Ch- 17 How is the weather • Tearing and pasting in rainbow.
January	Ch-12 The animal world Ch- 13 Animals, our friends
Subject Enrichment Activity	 Collect dry leaves, roots, stem, flower and seeds. Dip into colour and make impression on a sheet.
February	Ch-14 The world of plants Ch-18 Up in the sky (Activity based)
Subject Enrichment Activity	Make a sky scene on A-4 size sheet
March <u>Annual</u>	Ch-8 Let's celebrate Ch-9 Safety habits Ch-12 The animal world Ch- 13 Animals, our friends Ch-14 The world of plants